



Weekend Family Hike & Picnic

Saturday, March 23, 1996

Join Bill and Janann Nakano
at
Point Mugu State Park
Sycamore Canyon Loop Trail.

Time: 9:30 a.m. start
Distance: 1 mile loop led by Janann
8 mile loop led by Bill
Terrain: Easy 1 mile loop and moderate
8 mile hike with 700 ft. elevation gain

Directions: Take Pacific Coast Highway to West of Ventura/LA County line. Turn right at Sycamore Canyon entrance to the Point Mugu State Park. Turn left into the parking lot and picnicking area after paying an entrance fee at the gate.



This is a family event the whole family can enjoy. For the non-hikers bring lounging chairs for picnicking in the sun and cool ocean breeze. The rest of us will take the OVERLOOK TRAIL with magnificent views of the Pacific Ocean and the Santa Monica Mountains. (possible whale sighting)

The one mile loop will take us to just above the White Sand Dunes overlooking the La Jolla Beach (a 300 foot moderate climb) and back down to the canyon floor.

The eight milers will continue on the ridge with views of The Channel Islands, Mugu Rock, Boney Mountain and the La Jolla Canyon of the march 6th hike. We will descend 700 feet in less than three quarters of a mile to lunch at Deer Camp Junction where rest rooms, water and picnic tables are available.

The walk back is time for bird watching among the big sycamore and oak trees. It is reputed to be one of the best places for bird watching in Southern California. There may be mule deer and coyotes if we are lucky.

The eight mile hike should take no more than five hours and is not particularly strenuous.

