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Kanan-Dume to Castro Peak

7/21/10

Rich Frederick

The hike starts at the Kanan-Dume trailhead just past the first tunnel coming up from PCH. It is on the Backbone trail. We have been there many times. From that point we hike east on the Backbone trail for four miles after passing over the tunnel, arriving at the saddle below Castro Peak. Return by the same trail. Roughly 8 miles RT. Cumulative elevation gain should be roughly 1000 feet. Refreshments at the Kanan-Dume trailhead.