

1156

Point Dume State Reserve Beach Walk

Date: 11/13/13

Leader: Jim Hartung

Distance: 4 to 10 miles

Elevation Gain: 500 feet

Directions to Trailhead: Take PCH nine-tenths (0.9) mile west of Kanan Dume Road to Westward Beach Road and turn left. Go about three-tenths (0.3) mile and park on the side of the road, just after the restrooms. Refreshments will be served near where we park. There are no picnic tables, but a serving table will be provided.

The Hike: There are headlands, cliffs, rocky coves, vast beaches, tide pools and whale watching at Point Dume. We will walk down a road for one mile where we will ascend 250 ft. to the top of this ancient coastal bluff sand dune for an incredible view. It is a perfect spot to watch for migrating gray whales.

A stairway descends on the other side of the bluff allowing access to a more isolated beach and fine tide pooling opportunities since the tide will be low during the hike. Continue on down the beach for 2 miles to Paradise Cove or beyond. Return the way you came. Note: for those desiring a shorter hike, go as far as you wish, and return (but don't miss the tide pools).

<http://www.everytrail.com/destination/point-dume-state-beach>

[Google Earth Photo - Point Dume State Reserve Beach](#)

GPS Data:

RT = 6.8 miles to Paradise Cove

Elevation gain 250 ft.

2017-07-10