

Hike #1194  
September 3, 2014  
Point Dume State Reserve Beach Walk

Ralph Shoukry

GPS Data:  
RT = 6.8 mi.to Paradise Cove  
Elevation gain 200 ft.

Directions to Trailhead: Take PCH 1 mile west of Kanan Dume Road to Westward Beach Road and turn left. Go about 3/4 mile to the toll booth and park on the road. There is a restroom near the trailhead. Refreshments will be served near where we park. There are no picnic tables.

The Hike: There are headlands, cliffs, rocky coves, vast beaches, tide pools and whale watching at Point Dume. We will walk down a road for one mile where we will ascend 250 ft. to the top of this ancient coastal bluff sand dune for an incredible view. It is a perfect spot to watch for migrating gray whales. A stairway descends on the other side of the bluff allowing access to a more isolated beach and fine tide pooling opportunities since there is a 0.2 tide at noon. Continue on down the beach for 2 miles to Paradise Cove or beyond. Return the way you came.

Note: for those desiring a shorter hike, go as far as you wish, and return (but don't miss the tide pools).

[Google Earth Photo - Point Dume State Reserve Beach Walk](#)

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